

MARCH GROUP MEETINGS/EVENTS

Scheduling Calendar



January	May	September
February	June	October
March	July	November
April	August	December

YEAR 2023



Room A – Small Group
 Room B – Large Group
 Room C – Flex Space
 Room D – Other _____

Notes / Notices
Groups are responsible for returning room to original setup, clean-up, lock-up, shutting off of lights, AC, and Heat.
 Garbage bags are wrapped and removed by maintenance.
NO SMOKING or VAPING IN THE BUILDING

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>HAPPY St. Patrick's DAY Lifhacks</p>			1	2	3	4
			6-8 PM SPIRITUALITY RECOVERY (Deacon Bill)	AA 12 noon- 1pm Serenity Meeting Topic Discussion Warrior Down Vets Support 7:00 - 8:30pm	7-8 PM NARANON (Liz)	MEDITATION & RECOVERY 11AM-12:30PM (John & Carl)
5	6	7	8	9	10	11
Real Reiki Holy Fire Level One Training 7 pm 11AM 12-STEP WORKSHOP (Gina)	AA MTG 5-9PM 5PM Newcomers 7PM Meeting (Natalie)	AA 12 noon- 1pm Serenity Meeting Topic Discussion(John O) 7 pm Monthly Reiki Share FREE Wellness Room 7-9 PM NARANON (Carl)	6-8 PM SPIRITUALITY RECOVERY (Deacon Bill) ORANGE TEAM MTG 7PM Yoga for all levels with Liera 7 pm	AA 12 noon- 1pm Serenity Meeting Topic Discussion(John O) 6:30 pm COA Support Meeting / Narcan Training After with Paul Ressler	7-8 PM NARANON (Liz)	St. Patrick Day Parade COATINJ CPRS Training 8am-5pm MEDITATION & RECOVERY 11AM-12:30PM (John & Carl)
12	13	14	15	16	17	18
Monthly Reiki Share 7:00 pm COATINJ CPRS Training 8am-5:30pm/6pm – 9:30pm 11AM 12-STEP WORKSHOP (Gina)	AA MTG 5-9PM 5PM Newcomers 7PM Meeting (Natalie)	COATINJ CPRS Train 8:30am-5:30pm/6pm – 9:30pm AA 12 noon- 1pm Serenity Meeting Topic Discussion(John O) 7-9 PM NARANON (Carl)	COATINJ CPRS Training 8:30am-5pm/6pm – 9:30pm 6-8 PM SPIRITUALITY RECOVERY (Deacon Bill)	AA 12 noon- 1pm Serenity Meeting Topic Discussion(John O) 7 pm Chakra Balancing & Toning Sound Healing 6:30 pm COA Support Meeting / Narcan Training After with Paul Ressler	Chakra Balancing & Toning 7 pm COATINJ CPRS Training 8:30am-5:30pm/6pm – 9:30pm 7-8 PM NARANON (Liz)	MEDITATION & RECOVERY 11am-12:30pm (John & Carl) COATINJ CPRS Training 8:30am-5:30pm
19	20	21	22	23	24	25
11AM 12-STEP WORKSHOP (Gina)	AA MTG 5-9PM 5PM Newcomers 7PM Meeting (Natalie)	AA 12 noon – 1pm Serenity Meeting Big Book/ Discussion 7-9 PM NARANON (Carl)	Yoga for all levels with Liera 7 pm COA BOARD MTG 7PM 6-8 PM SPIRITUALITY RECOVERY (Deacon Bill)	AA 12 noon- 1pm Serenity Meeting Topic Discussion(John O) Warrior Down Vets Support 7:00 - 8:30pm	7-8 PM NARANON (Liz)	MEDITATION & RECOVERY 11AM-12:30PM (John & Carl)
26	27	28	29	30	31	1
11AM 12-STEP WORKSHOP (Gina)	AA MTG 5-9PM 5PM Newcomers 7PM Meeting (Natalie)	COATINJ CPRS Train 8:30am-5:30pm/6pm – 9:30pm AA 12 noon – 1pm Serenity Meeting Big Book/ Discussion 7-9 PM NARNON (Carl)	COATINJ CPRS Train 8:30am-5:30pm/6pm – 9:30pm Shamanic Drumming 7 pm Journey w/Cindy Freeman 6-8 PM SPIRITUALITY RECOVERY (Deacon Bill)	COATINJ CPRS Train 8:30am-5:30pm/6pm – 9:30pm AA 12 noon- 1pm Serenity Meeting Topic Discussion (John O)	7-8 PM NARNON (Liz)	APRIL COATINJ CPRS Training 8:30am-5:30pm MEDITATION & RECOVERY 11AM-12:30PM (John & Carl)

Thank you for supporting COA whenever you can!